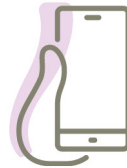


Newsline

News and updates for plan members



SPECIALTY PRODUCTS

20-04

Stay protected while you travel – use our new simplified phone numbers for medical assistance

To better serve you, we've simplified our emergency medical assistance phone numbers.

If you're travelling and need help during a medical emergency, contact our Travel Assistance provider using the new simplified phone numbers below. Service is available 24 hours a day, seven days a week, 365 days a year.

If you're in:	Call:
Canada or U.S.	1-855-222-4051
Cuba	1-204-946-2946*
All other locations	1-204-946-2577*

*Submit long-distance charges to Canada Life for reimbursement.

If you use a TTY machine, call 1-800-990-6654.

Our previous phone numbers still work, but you should use these new phone numbers going forward.

Save the new numbers before you travel

To download your updated benefits card with the new phone numbers, sign in to [GroupNet for plan members](#) or the [GroupNet mobile app](#).

For more information

For general questions about your out-of-country coverage or claims, contact 1-800-957-9777.

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